

Division	Name	WOD #1		WOD#2		WOD#3		WOD#4		WOD#5	
		Heat	Start Time	Start Time	Heat	Start Time	Heat	Start Time	Heat	Start Time	
RX-Male	Jerez, Haroldo	1	8:10	8:20	1	10:10	1	11:45	1	12:45	
RX-Male	Gusueli, Felipe	1	8:10	8:20	1	10:10	1	11:45	1	12:45	
RX-Male	Lindheim, Kfir	1	8:10	8:20	1	10:10	1	11:45	1	12:45	
RX-Male	Hill, Eric	1	8:10	8:20	1	10:10	1	11:45	1	12:45	
RX-Male	Moler, Dane	2	8:20	8:30	2	10:20	1	11:45	1	12:45	
RX-Male	Roach, Kyle	2	8:20	8:30	2	10:20	1	11:45	1	12:45	
RX-Male	Cordes, Corry	2	8:20	8:30	2	10:20	1	11:45	1	12:45	
RX-Male	Frantz, Aaron	2	8:20	8:30	2	10:20	1	11:45	1	12:45	
RX-Male	Bowen, Grant	3	8:30	8:40	3	10:30	2	11:55	2	12:51	
RX-Male	Ghiassi, Cyrus	3	8:30	8:40	3	10:30	2	11:55	2	12:51	
RX-Male	Noble, Matt	3	8:30	8:40	3	10:30	2	11:55	2	12:51	
RX-Male	Jizrawi, Jacob	3	8:30	8:40	3	10:30	2	11:55	2	12:51	
RX-Male	Pinto, Filipe	4	8:40	8:50	4	10:40	2	11:55	2	12:51	
RX-Male	Brewer, Jeff	4	8:40	8:50	4	10:40	2	11:55	2	12:51	
RX-Male	Ramirez, Camilo	4	8:40	8:50	4	10:40	2	11:55	2	12:51	
RX-Female	Terrado, Krystle	1	8:10	8:20	1	10:10	1	11:45	3	12:57	
RX-Female	Iizuka, Lisa	1	8:10	8:20	1	10:10	1	11:45	3	12:57	
RX-Female	Fulghum, Kate	1	8:10	8:20	1	10:10	1	11:45	3	12:57	
RX-Female	Merson, Molly	1	8:10	8:20	1	10:10	1	11:45	3	12:57	
RX-Female	Allbut, Lizzy	2	8:20	8:30	2	10:20	1	11:45	3	12:57	
RX-Female	Hutfless, Melissa	2	8:20	8:30	2	10:20	1	11:45	3	12:57	
RX-Female	Austin, Debra	2	8:20	8:30	2	10:20	1	11:45	3	12:57	
RX-Female	Lawrence, Dina	2	8:20	8:30	2	10:20	2	11:55	3	12:57	
RX-Female	Carvajal, Laura	3	8:30	8:40	3	10:30	2	11:55	4	1:03	
RX-Female	Hughes, Audrey	3	8:30	8:40	3	10:30	2	11:55	4	1:03	
RX-Female	Chapman, Betsy	3	8:30	8:40	3	10:30	2	11:55	4	1:03	
RX-Female	Poser, Sarah	3	8:30	8:40	3	10:30	2	11:55	4	1:03	
RX-Female	Markowitz, Maya	4	8:40	8:50	4	10:40	2	11:55	4	1:03	
RX-Female	Pinto, Audrey	4	8:40	8:50	4	10:40	2	11:55	4	1:03	

WOD #1

WOD#2

WOD#3

WOD#4

WOD#5

Division	Name	Heat	Start Time	Start Time	Heat	Start Time	Heat	Start Time	Heat	Start Time
50+ Male	Tover, Rod	5	8:50	9:00	4	10:40	3	12:05	5	1:09
50+ Male	Frantz, Jay	5	8:50	9:00	5	10:50	3	12:05	5	1:09
50+ Male	Holland, Clarke	5	8:50	9:00	5	10:50	3	12:05	5	1:09
50+ Male	Wechsler, Wayne	5	8:50	9:00	5	10:50	3	12:05	5	1:09
50+ Male	Machado, Mark	6	9:00	9:10	5	10:50	3	12:05	5	1:09
Scaled Male	Collie, Jamie	6	9:00	9:10	6	11:00	3	12:05	6	1:15
Scaled Male	Spektor, Jordan	6	9:00	9:10	6	11:00	3	12:05	6	1:15
Scaled Male	DeParis, Francesco	6	9:00	9:10	6	11:00	3	12:05	6	1:15
Scaled Male	Cortez, Jay	7	9:10	9:20	6	11:00	4	12:15	6	1:15
Scaled Male	Serrano, Jaime	7	9:10	9:20	7	11:10	4	12:15	7	1:21
Scaled Male	Nave, Luke	7	9:10	9:20	7	11:10	4	12:15	7	1:21
Scaled Female	DeParis, Sarah	5	8:50	9:00	5	10:50	3	12:05	6	1:15
Scaled Female	Todras, Miriam	5	8:50	9:00	5	10:50	3	12:05	6	1:15
Scaled Female	Wegman, Jackie	5	8:50	9:00	5	10:50	3	12:05	6	1:15
Scaled Female	Pettibone, Cyndi	5	8:50	9:00	5	10:50	3	12:05	6	1:15
Scaled Female	Messick, Dani	6	9:00	9:10	6	11:00	3	12:05	7	1:21
Scaled Female	Hoch, Christelle	6	9:00	9:10	6	11:00	3	12:05	7	1:21
Scaled Female	Feldstein, Jackie	6	9:00	9:10	6	11:00	3	12:05	7	1:21
Scaled Female	Hellyer, Ashley	6	9:00	9:10	6	11:00	4	12:15	7	1:21
Scaled Female	Lee, Bini	7	9:10	9:20	7	11:10	4	12:15	7	1:21
Scaled Female	Moler, Carrie	7	9:10	9:20	7	11:10	4	12:15	8	1:27
Scaled Female	Hill, Erin	7	9:10	9:20	7	11:10	4	12:15	8	1:27
40-49 Male	Lustenberger, Mark	8	9:20	9:30	7	11:10	4	12:15	8	1:27
40-49 Male	lida, Geoff	8	9:20	9:30	7	11:10	4	12:15	8	1:27
40-49 Male	Pommier, Nick	8	9:20	9:30	8	11:20	4	12:15	8	1:27
40-49 Male	Kuenster, Tim	9	9:30	9:40	8	11:20	4	12:15	8	1:27
40-49 Male	Trimble, Curt	9	9:30	9:40	8	11:20	4	12:15	8	1:27

WOD #1

WOD#2

WOD#3

WOD#4

WOD#5

Division	Name	Heat	Start Time	Start Time	Heat	Start Time	Heat	Start Time	Heat	Start Time
40-49 Female	Ward, Rachael	7	9:10	9:20	7	11:10	4	12:15	8	1:27
40-49 Female	Breslin, Kelly	8	9:20	9:30	8	11:20	4	12:15	9	1:33
40-49 Female	Blackman, Barbara	8	9:20	9:30	8	11:20	5	12:25	9	1:33
40-49 Female	Garvey, Margaret	8	9:20	9:30	8	11:20	5	12:25	9	1:33
40-49 Female	Leon, Marielle	8	9:20	9:30	8	11:20	5	12:25	9	1:33
40-49 Female	Wandzilak, Kristina	9	9:30	9:40	9	11:30	5	12:25	9	1:33
40-49 Female	Upton, Julie	9	9:30	9:40	9	11:30	5	12:25	9	1:33
40-49 Female	Hunt, Lisa	9	9:30	9:40	9	11:30	5	12:25	9	1:33
40-49 Female	Smith, Pam	9	9:30	9:40	9	11:30	5	12:25	9	1:33